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The professionals at Central Penn Women's Health Care specialize in women's health so they know just what to do when life starts to heat up.

## Fatigue - Hot Flashes - Night Sweats - Weight Gain

Menopausal symptoms can be truly challenging, but you don't have to just endure them anymore! *Dr. Fred Teichman, MD, FACOG* and *Libby Meadow, CRNP* are here to help you cope and feel good during this season of change.

Quality healthcare for women...throughout every stage of life.



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